



## ONLINE EVENT

Due to the current public health context, this event will be held entirely remotely.

Registration includes attendance for the full day and all conference workshops.

Participants will be able to choose to attend the conference live or watch it as they wish, replayed, until March 20, 2021 (with exceptions).

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*Registration*  
DEADLINE

MARCH 8, 2021

Continuing education credits, available for certain professional orders, will be given only for live broadcasting participants.

REGISTRATION  
NON REFUNDABLE

## OUR *mission*

To help mother, parents and families to breastfeed through mother-to-mother, parent-to-parent support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.

Although we prioritize online registrations, it is still possible to register by returning the form to us along with your check payable to:

Ligue La Leche  
CP 64014, L'Ancienne-Lorette, Québec, G2E 6B1

Or to the email address [symposium@allaitement.ca](mailto:symposium@allaitement.ca) whether you pay by credit card or paypal.

For more information

phone : 514 990-8917

[www.allaitement.ca](http://www.allaitement.ca) • [symposium@allaitement.ca](mailto:symposium@allaitement.ca)

*la référence*  
EN ALLAITEMENT



32<sup>nd</sup>

Ligue La Leche

*Symposium*

MARCH 11, 2021



NURSING :

from struggle  
to joy



Ligue  
La  
**Leche**  
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*la référence en allaitement*



## A FEW WORDS ABOUT OUR

# Guest Speaker

Lisa Lahey RN, IBCLC, CSOM is an experienced nurse in maternal and child health for 25 years working in L/D, postpartum, NICU, and perinatal education at hospitals in Indianapolis, Indiana. As an IBCLC for 21 years, Lisa has a special interest in tongue ties, oral function, and therapies that help with oral rehabilitation and holistic care of the person. Lisa also provides myofunctional therapy to babies, children, and adults in a functional orthodontic office and online. She is a contributing author of the book *Tongue Tied*, and lectures internationally on oral function and lactation issues.

Lisa will complete her family nurse practitioner in April 2021 with goals of expanding her private practice, Advanced Breastfeeding Care to a breastfeeding medicine clinic that will include pediatric well visits and integrative care of the mother-baby dyad.

Lisa is involved with many professional groups, teaches the IBCLC Master Class with other colleagues, and her own Advanced Clinical Care Concepts Class. Lisa enjoys traveling and hiking with her family in her free time. She remembers how her 5 children helped her fall in love with breastfeeding and the optimal way it fosters health and relationships, and takes that passion with her to help teach parents and professionals.

7h30 to 8h15

*Greeting and sharing*

8h15 to 8h30

*Welcome and opening remarks*

8h30 to 10h00

### Lessons on Latch and navigating the Lactation Lanes – 90 minutes

Review of latch fundamentals and causes of ongoing latch difficulties. Lecture will also review the scope of practice within lactation.

10h00 to 10h20

*Break*

10h20 to 11h50

### Foundations for TOTS (TOTS: tethered oral tissues) Assessment and Care – 90 minutes

This lecture will teach the foundation of TOTS assessment and care by the following objectives.

- Define and describe ankyloglossia signs, symptoms, physical attributes of TOTS.
- Review assessment and evaluation technique evidenced by lap to lap exam, and use of assessment tools such as Hazelbaker, Martinelli, Dobrich Tools.
- Discuss strategies to educate patients/parents on what to expect after frenectomy.
- Discuss the IBCLC role and best communication techniques with other healthcare professionals.

11h50 à 13h00

*Lunch Break*

13h00 à 14h30

### Hands on Help: Lactation Therapy – 90 minutes

This lecture will help teach the areas of oral motor assessment as it relates to the breastfed child and then describe and demonstrate oral exercises and suck training.

14h30 à 14h50

*Break*

14h50 à 16h20

### Supplementing Suck Dysfunction – 90 minutes

This lecture will discuss three areas :

- The types of physical challenges/diagnoses like CL/CP, Down Syndrome, Pierre Robin, Tongue Tie, low tone, etc can have on ability to breastfeed and then demonstrate optimal Breastfeeding positions and postures such as side lying, paced breast and bottle, and laid back, etc
- Discuss and demo optimal bottles and complementary feeding devices SNS, Syringe, Cup Feeding, Haberman etc
- Discuss appropriate supplementation guidelines and weight gain protocols by referencing AAP (American Academy of Pediatrics) and ABM guidelines (Academy of Breastfeeding Medicine).

# Registration FORM

First name & last name

Address (street address)

City

ZIP/Postal code

Phone (home)

Phone (employer)

Email

Employer name

Support groupe

*Online*  
registration

Online registration for the symposium is available through our website. Visit the section:

[allaitement.ca/symposium-virtuel-2021/](http://allaitement.ca/symposium-virtuel-2021/)

I will  
*participate*

- ☐ Member of Ligue La Leche price : 180\$  
☐ Non-member price 210\$

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